

ALPHA PSYCHOLOGICAL SERVICES, P.C.
CHILD HISTORY FORM

The following questions are asked so we can best understand your child. Please fill out this form before the child is evaluated. Please read the questions and carefully answer them as fully as possible. Use the back of the sheet if necessary. If unsure of a question, please review it with the doctor at the time of your appointment.

Child's Name _____

Birthdate _____ Age _____ Sex _____

Home street address _____

City _____ State _____ Zipcode _____

Parent: _____ Home
phone _____ Cell _____

Work phone _____ Email _____

Is it OK to leave messages: (yes or no) _____ home; _____ work; _____ cell; _____ email

Reason for seeking help for your child at this time?

Mother _____ Age _____

Address (if different from above)

Phones (if different from above)

Place of employment: _____

Occupation _____

Father _____ Age _____

Address (if different from above)

Phones (if different from above)

Place of employment: _____

Occupation _____

Child is living with: _____ both parents; _____ mother; _____ father; _____ legal guardian; _____ father and stepmother; _____ mother and stepfather; _____ other

If the parents are divorced, date _____

If mother remarried (or living with a partner), date _____
name of spouse (partner) _____

If father remarried (or living with a partner), date _____
name of spouse (partner) _____

What is the custody arrangement?

Were parents married previously before child's birth? ___ yes; ___ no

Dates: Parent _____ from _____ to _____

Dates: Parent _____ from _____ to _____

Is either parent deceased? Year _____

Is the child adopted? _____ Child's age at adoption _____

Adopted from a country other than US? _____

Child's race _____ Ethnic/cultural _____

Family's religion? _____ Actively involved? _____

Does child participate in religious programs/activities? _____

PREGNANCY HISTORY

Any medications taken by the mother during pregnancy? _____

Did the mother use any of these during pregnancy:

___ cigarettes (per day ___); ___ alcohol (type ___, per day ___);

drugs (type ___, per day/week/month ___)

Was the father taking any medications or drugs at the time of conception? _____

If yes, what?

Birth weight _____ Was the child in Neonatal Intensive Care? ___ yes ___ no

If yes, please describe:

Was the pregnancy (please answer yes or no):

Planned? _____ Normal? _____ Was the mother ill? _____ Was the

pregnancy easy? _____ Was the baby premature? _____ (length of gestation _____)

Delivered: ___ spontaneous, ___ forceps, ___ caesarean, ___ feet first, ___ head first, ___ blood transfusion, ___ X-Ray, ___ EEG

INFANCY

In the first 2 weeks of life, please indicate Yes, No, or "U" (Unknown):

Yellow appearance _____ Blue lips _____ Vomiting _____

Difficulty breathing _____ Feeding difficulty _____ Irritable _____

High fever _____ Slow responding _____

Convulsions/Twitching _____

Any physical deformities or disabilities?

Was the child breast fed? _____ (if yes, until what age? _____), Did the infant feed well? _____ (if no, explain), Weight gain normal? _____ (if no, explain)

Indicate age of child when:

Stood alone_____ walked alone_____ used words_____ spoke sentences_____
potty trained_____ bowel trained_____

EARLY CHILDHOOD

Check any or all of the following conditions:

vomiting_____ thyroid_____ diabetes_____ seizures_____
diarrhea_____ constipation_____ colic_____ headaches_____
chest pains_____ asthma_____ fevers_____
high blood pressure_____ blood sugar irregularities_____ trouble sleeping_____
nightmares_____
others:

Is the child’s sleep generally: Good_____ Fair_____ Poor_____ Irregular_____

Does the child have allergies? If yes, please list:

Please rate the child on the following behaviors. 1=majority of the time; 5=seldom, and stages in between 2-4.

quiet, content	1	2	3	4	5	colicky and irritable
easy to feed	1	2	3	4	5	daily feeding problems
slept well	1	2	3	4	5	frequent sleep problems
usually relaxed	1	2	3	4	5	often restless
under active	1	2	3	4	5	over active
cuddly, easy to hold	1	2	3	4	5	did not enjoy cuddling
easily calmed down	1	2	3	4	5	tantrums or headbanging
cautious, careful	1	2	3	4	5	accident prone, risky
coordinated	1	2	3	4	5	uncoordinated
enjoyed eye contact	1	2	3	4	5	avoided eye contact
liked people	1	2	3	4	5	disliked contact with people
adventurous, curious	1	2	3	4	5	shy, avoidant

Did any event, health condition, separation, death in the family, etc., disturb early infant/mother or infant/father bonding? If yes, please explain:

Any additional information about the child’s conception and birth?

FAMILY

Siblings at home with the child:

Name	Age	Sex	Grade	School

Any social, behavioral or health problems with the siblings:

Any miscarriages or siblings who are deceased? Sex_____Year_____

Others living in the child's home (note full or part-time):

Has the child lived in any other home? Dates _____ with _____

Other siblings not living in the child's home:

Does the child's family have financial problems? _____yes _____no
Has the child ever been physically or sexually abused? _____yes _____no
Has the child ever physically or sexually abused anyone? _____yes _____no

MEDICAL (Any "yes" answers, please use back of page to explain)

Has the child ever sustained any physical injuries? _____yes _____no
Has the child had regular immunizations? _____yes _____no
Has the child ever had a Head Injury? _____yes _____no
If yes, lost consciousness? _____ How long? _____
Has the child ever been hospitalized? _____yes _____no
If yes, please explain: (event, age, condition, outcome) _____
Has the child ever been taken to an emergency room? _____yes _____no

Check problems that apply to the child:

_____speech/language _____hearing _____vision
_____motor coordination _____disability/handicap
_____learning _____social _____emotional
_____eating (over eating, under eating) _____sleep
_____relationships _____daily structure _____disorganization
_____discipline _____addictions
_____attempted suicide or suicidal ideations _____homicidal attempts or
ideations, _____anger _____attention deficit or hyperactivity
_____other

List all medications (prescription or street drugs or over the counter), alcohol, drugs the child takes or has taken (list name, dosage and dates taken):

Who is the child's current physician(s): _____

Address _____

Phone _____

(If additional specialists, use back of sheet)

When was the last exam? _____ for _____

PARENTS AND EXTENDED FAMILY

Father
Education _____
Born in US? _____

Mother
Education _____
Born in US? _____

With the parents or extended family, any learning difficulty history, grade level it occurred, attention-deficit disorder or hyperactivity, any psychological or psychiatric problems for which treatment was received?

Any parental or extended family with problems with drugs or alcohol:

Please provide any further information about the child's extended family (grandparents, uncles, aunts, cousins) that might help us understand the child's needs and history:

EDUCATION

Did the child attend pre-school or daycare? _____yes _____no

Any particular problems that occurred during that time?

List schools attended prior to current time:

Current school _____ Grade _____

Teacher(s) _____
Subjects _____ Grades _____

Please use the back of the page to explain any of the following "yes" answers

Are current grades any different from previous years? _____yes _____no

Is the child in a special program? _____yes _____no

Has the child been in a special program previously? _____yes _____no

Has the child needed tutoring? _____yes _____no

Has the child been a behavior problem at school _____yes _____no

Does the child engage in extra-curricular activities? _____yes _____no

HOME

How many friends does the child have?

What types of activities do they engage in?

How does the child spend leisure time (inside activities, outside activities)?

Is there a computer in the home? _____yes _____no

Is there one in the child's bedroom? _____yes _____no

Do you set restrictions on computer use? _____yes _____no
How do you monitor the computer use?

Does the child have regular home duties?

Has the child ever been involved with the police/courts? _____yes _____no
How many hours per day does the child watch TV?

School days _____ Weekends _____ Summers/days off _____
Favorite programs?

Does your child have a television in his/her bedroom? _____yes _____no
Does your child own a bike helmet? _____yes _____no Uses it? _____yes _____no
Does the family eat meals together? Breakfast _____yes _____no
Dinner _____yes _____no

Does the family have social discussions during meals? _____yes _____no
Does your child awaken in the morning and go about a dressing/cleaning up/eating
routine fairly regularly without a lot of prompting? _____yes _____no
What are some activities the family engages in together?

Any other information you feel is important, please elaborate on the back of this page.

Signature of parent/guardian supplying this information Date